

Collaboration Between Nonprofit Organizations: A Blessing and a Curse

Daniel J.N. Weishut

Collaborations between nonprofit organizations can add value, as each organization contributes resources to the joint project. However, they can also be grounds for conflict. When creating a joint project, little attention is given to differences in the hierarchical structure and organizational culture of the respective organizations, and assumptions may complicate collaboration. Organizational culture manifests itself in various ways: each organization's ideology, degree of formality, references to time, money, and more. After a short description of the literature, the article discusses the dynamic processes behind the inter-organizational differences that act as a hidden assumption that things will work according to what is customary in one's organization. It claims that accepting inter-organizational differences and clarifying assumptions are essential to the success of joint projects and that understanding of these processes will facilitate future collaborations. The article provides examples from a joint project "To know/not to know: A series of seminars with tours" between the Israel Association of Group Psychotherapy and Psychoactive. The article concludes that for collaboration to be a blessing rather than a curse, it is advisable to study the other organization's work methods, accept the organizational differences as a resource, and align expectations, while elucidating presuppositions.

Keywords: interorganizational cooperation, organizational culture, nonprofit organizations, groupwork, assumptions

Daniel J.N. Weishut, PsyD, MBA, is a clinical psychologist, who teaches at Hadassah Academic College and at the Professional School of Psychology (Sacramento). He was Chair of the Israel Association of Group Psychotherapy and is Co-Editor of *MiKBaTZ*.

The Group as a Social Form

An Exploration of the Group Space from a Structural Perspective

Tsiky Cohen

This paper explores the tension between the Safe and the Becoming elements in group space, using a structural perspective. It elucidates how the dialectical and simultaneous existence of the Safe and the Becoming elements ensures the perennality and effectiveness of the group's work. The first section illustrates how the feeling of safety in a group is related to the existence of a clear and well-defined 'structural center', which sets the multiple meanings of signifiers in a normalizing and centralizing order. The second section explores the meaning of the Becoming element, in the sense of a spontaneous eruption of liminal moments happening in the Here and Now. It demonstrates how, in such moments, group members can change and metamorphose the foundations of the known and familiar structure. The paper's main argument is that in order to function efficiently, any human group requires a varying degree of exposure to – and a benign interaction between – the Safe element and the Becoming element. While excessive preoccupation about keeping the group's structure "safe" will lead to feelings of freeze, sterility, lack of vitality, and sometimes even defiance and rebelliousness, a state of mind of exaggerated "becoming" will encourage regression and breaking down anxieties.

Keywords: social forms, structuralism, group, structural center, liminality, Victor Turner

Tsiky Cohen, PhD, is a graduate of the program in Psychoanalysis and Hermeneutics at Bar-Ilan University. He is Senior Lecturer in The Academic College of Society and Arts and in the Kibbutzim College of Education, Technology and the Arts.

“Medea Shows” in Groups

Shlomo Plessner

This article offers a fresh look at how women tend to express themselves in a female majority group and, in light of this, suggests a new term - “Medea Shows”. The article combines group and feminist theories to explore and understand this phenomenon. Through this combination of two disciplines, I suggest that different experiences of women’s oppression are present in the group’s unconscious, and that these experiences create outrage in them, which cannot be spoken, and is, therefore, expressed through “Medea shows”. The article presents four modes of these occurrences: forced soft talk, fragmentation, acting out, and direct aggression. With the help of four vignettes, I show how these different modes of expression of “Medea shows” find group expression. Thereafter, I examine why this outrage cannot seem to be spoken, and identify two reasons for this. Understanding the unique experience of a female group participant can help group facilitators identify these contents, analyze and expose them within the group, and, thereby, help aggression to be spoken explicitly in a way that will lead to progress for the group as a whole, or for a female participant.

Keywords: group aggression, the group as a whole, female role, matrix, beauty myth, bisexuality

Shlomo Plessner is a conductor of interpersonal relationships, a faculty member of Tel Aviv’s University’s the MEN-TORING program, Netanya Academic College and Dimol - the Central School for Employee Training for Social Services. He is Director of Theater.

Interweaving EMDR in Group Therapy with Sexual Assault Victims

The heroine's six-part story

Neomi Ravid, Dorit Segal

One of the challenges sexual assault victims experience is being harmed at various levels. In particular, they suffer from loneliness in their distress combined with the sense of depletion of personal and interpersonal resources. In an attempt to meet this difficulty, build courage and offer support, we opened a treatment and support group, according to a model we developed. In this article, we look at one meeting and will demonstrate the use of AIP (Adaptive Information Processing) theory and EMDR therapy in a group setting, combined with the "six-part story" exercise, based on a basic PH Model. The tangibility, parallelization, and similarity of the theories allows the use of the basic EMDR protocol to motivate a strengthening process and resource development, while processing and desensitizing difficulties. The use of EMDR allows the group to establish, connect, and create a shared resource pool, and a mutual support network. Collaborating enables patients to practice recovery in a protected space that includes supervision and modeling of the facilitators and other participants.

Keywords: EMDR, group therapy, six-part story, Adaptive Information Processing, basic PH, resources development, sexual assault

Neomi Ravid is a psychotherapist, clinical social worker, certified EMDR consultant, and group moderator. She has three decades of experience with specialization/expertise in treatment of sexual assault victims.

Dorit Segal is a social worker, clinical criminologist, certified EMDR consultant with over two decades experience in individual and group therapy, mentoring, and workshop facilitation.

Between Life and Death in Groups of Bibliotherapy

Dana Freibach-Heifetz

The tension between life and death is a fruitful perspective to view the tension between safety and change in a therapeutic group; all the more so when regarding a group of old people who try to hold onto safe daily routines, beyond which lies the abyss of physical and cognitive deterioration. Once death rises — either of a member, or of the group itself — it brings anxiety and chaos that might paralyze the group and annihilate its therapeutic achievements. Hereinafter, the article first presents the challenges of confronting death in a group, and the resources that enable the process to be effective. Against this background, two cases of such confrontation will be discussed, both of whom I conducted — one with the death of a member, the other of the group itself; both therapeutic groups of Holocaust survivors employing bibliotherapy. Finally, the article refers to the perspective of the group's conductor regarding such a confrontation. It concludes with some remarks about the significance of using the term “death” in these contexts, and the relevance of this discussion to other cases in a group's life.

Keywords: bibliotherapy, conductor, death, Holocaust survivors, life, resources

Dana Freibach-Heifetz, PhD, is a bibliotherapist, philosopher and writer. Works as a therapist in “Amcha”. She published papers in philosophy, literature, law and therapy, the philosophical book “Secular Grace” and two short stories collections.

The Impact of Fee Increase on Lack and Psychoanalytic Desire in a Gay Men's Therapy Group

Ilan Rov-Sha'an, Barak Tor

This article addresses the question of whether increasing the fee for a gay men's therapy group affects the symbolic lack and drive toward psychoanalytic desire. The lost ideal object leaves a lack, which the unconscious desire tries to fill. In therapy, under certain conditions, paying a fee produces lack or symbolic castration and the conversation reduces the satisfaction of the symptoms. The article follows the group's participants, who reacted with shock and negativity, after receiving the news of a fee increase. The participants were faced with the question of leaving or remaining and paying more money, as well as paying in talking in the group. The article focuses on two contradictory participant voices. The first represents those who, as a result of the fee increase, were driven to talk, meaning to agree to the symbolic lack, which reduced censorship and increased interpersonal libidinal investment in the therapeutic process. The second represents those who refused to talk or to weaken their strong dependency on symptoms, and were driven to a more ambivalent attitude, or to quit the group. The article claims there is a lack of professional literature on the influence of fees as part of setting, and its analytic implications.

Keywords: payment, setting, lack, psychoanalytical desire, jouissance, castration, distress, ambivalence

Ilan Rov-Sha'an is a psychotherapist, clinical social worker, and group facilitator. He is currently pursuing Freud-Lacan studies at the "Dor-a" Clinical Seminar. He works in a private clinic.

Barak Tor is a clinical social worker and psychotherapist. He is principle social worker at the Ichilov Mental Health Clinic and counselor for Tel Aviv University social work students. He works in a private clinic.

CONTENTS

Editorial

Daniel Weishut and Tal Alon 5

The Impact of Fee Increase on Lack and Psychoanalytic Desire in a Gay Men's Therapy Group

Ilan Rov-Sha'an and Barak Tor 7

Between Life and Death in Groups of Bibliotherapy

Dana Freibach-Heifetz 21

Interweaving EMDR in Group Therapy with Sexual Assault Victims

The heroine's six-part story

Neomi Ravid and Dorit Segal 37

"Medea Shows" in Groups

Shlomo Plessner 55

The Group as a Social Form

An Exploration of the Group Space from a Structural Perspective

Tsiky Cohen 69

Collaboration Between Nonprofit Organizations:

A Blessing and a Curse

Daniel J.N. Weishut 83

Abstracts

98

Editors Daniel Weishut, PsyD, and Tal Alon
Associate Editors Ella Stolper and Idit Shani Adom
Former Editors Benni Rippa, PhD, dec.; Joshua Lavie; Stanley Schneider;
Gila Ofer, PhD, Anca Ditroi, Prof. Smadar Ben Asher

Advisory Board

Smadar Ben Asher, PhD	Michaela Maoz, PsyD
Gali Ben Shalom	Ronit Shira Niran
Ronit Bisson, PsyD	Pazit Oren
Tsiky Cohen, PhD	Yudith Rybko, PhD
Orly Dvir, PhD	Ronit Shalev, PhD
Tamar Einy Lehman	Idit Shani Adom
Yoram Galli, PhD	Prof. Zipora Shechtman
Bracha Hadar	Vered Shenaar-Golan, PhD
Dov Hadari	Silvia Silberman
Shimrit Heiman, PhD	Dorit Stange
Hava Kadosh	Shlomit Tamari, PhD
Tamar Lavi, PhD	Arnie Zacks
Uri Levin	Judith Zamir, PhD
Inbar Levkovich, PhD	Efrat Zigenlaub, PhD

Language Editors

English Gila Green
Hebrew Daphna Rosenbluth

Cover Noga Friedman

Typesetting Rapidograph Ltd

Published by the Israeli Association of Group Psychotherapy

<http://www.isragroupttherapy.org.il>

j.mikbatz@gmail.com

For distribution, information and advertising: isragroupttherapy@gmail.com

All rights reserved to the Israeli Association of Group Psychotherapy.

ISSN 2310-2063

MiKBaTZ

The Israel Journal of Group Psychotherapy

Volume 24 / Issue # 2 / December 2019



עמותה ישראלית להנחיה ולטיפול קבוצתי (ע"ר)
جمعية إسرائيلية للتوجيه والعلاج الجماعي
Israeli Association of Group Psychotherapy

